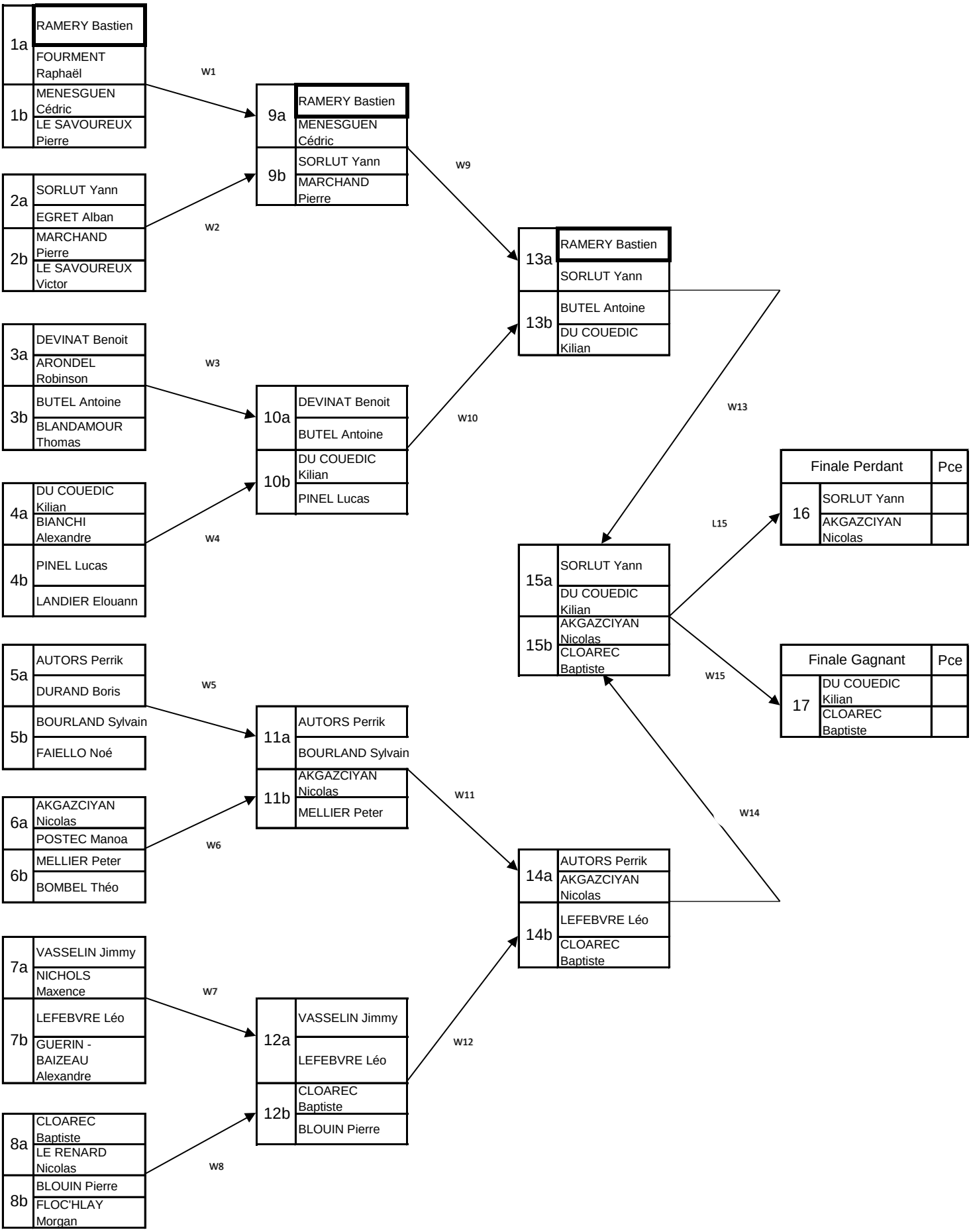Simple élimination Homme